


[DOWNLOAD](#)


## Mind Training Like the Rays of the Sun

By Nam-Kha Pel

Paljor Publications/Library of Tibetan Works & Archives, New Delhi, India, 2002. Softcover. Book Condition: New. The mind training teachings are a great vehicle instruction, because they are mostly concerned with developing the awakening mind, the altruistic mind of enlightenment. They are directed primarily towards the practitioner of great capacity, and deal essentially with transforming our mental attitudes. One special feature of the mind training teachings is the advice to transform adversity into advantage. So, not only do these instructions help us open out towards other beings, but they also help us transform whatever difficulties come our way into something valuable. The Mind Training like the Rays of The Sun exemplifies Tsong-khapa's presentation of mind training. The author, Nam-kha Pel, as he mentions in his introduction, received the lineage of the explanation of the Seven Point Mind Training, which is the fundamental text here, from various sources including Je Rinpoche, his principal teacher. What is distinctive about this presentation is that he has managed to combine both the mind-training instructions as they are recorded in Geshey Che-ka-wa's text with the pattern of the Stages of the Path. Printed Pages: 185.



[READ ONLINE](#)  
[ 6.63 MB ]

### Reviews

*Extensive guide for ebook lovers. It generally does not cost excessive. Your way of life span will likely be convert the instant you complete looking at this ebook.*

-- **Rocky Dach**

*Certainly, this is the very best work by any author. It is amongst the most remarkable publication i have got study. I am just happy to inform you that this is actually the greatest pdf i have got study inside my individual daily life and can be he very best publication for at any time.*

-- **Gilbert Rippin**

## Related PDFs

---



### **Dont Be Bully!**

Full Circle, New Delhi, India. Softcover. Book Condition: New. Brave little Kamyra protects Tia from the school bully Josh and proves to be a true friend. Don't be a bully, is a story to#inspire young minds to fight bullying without fear.Mr. Licks...

---



### **Ask Dr K Fisher About Dinosaurs**

Kingfisher, Great Britain, 2007. Softcover. Book Condition: New. Sheppard, Kate (illustrator). 32 pages. Multiple copies of this title available. For the first time, Kingfisher brings its expertise in beautifully-designed, trusted non-fiction to the sphere of learning to read. This new graded reading...

---



### **Love My Enemy**

Andersen, UK, 2004. Softcover. Book Condition: New. First Edition. Available Now. Book Description: Zee (short for Zara) lives in a quiet suburb of Belfast, with an apparently idyllic family life. But Zee's father was shot dead in front of them all, and...

---



### **The Java Tutorial (3rd Edition)**

Pearson Education, 2001. Softcover. Book Condition: Neu. Gebrauch - Sehr gut Unbenutzt. Schnelle Lieferung, Kartonverpackung. Abzugsfähige Rechnung. Bei Mehrfachbestellung werden die Versandkosten anteilig erstattet. - Praise for "The Java' Tutorial, Second Edition" includes: "This book stands above the rest because it has...

---



### **Adobe Indesign CS/Cs2 Breakthroughs**

Peachpit Press, 2005. Softcover. Book Condition: Neu. Gebrauch - Sehr gut Unbenutzt. Schnelle Lieferung, Kartonverpackung. Abzugsfähige Rechnung. Bei Mehrfachbestellung werden die Versandkosten anteilig erstattet. - Adobe InDesign is taking the publishing world by storm and users are hungry for breakthrough solutions to...

---



### **Have You Locked the Castle Gate?**

Addison-Wesley Professional. Softcover. Book Condition: Neu. Gebrauch - Sehr gut Unbenutzt. Schnelle Lieferung, Kartonverpackung. Abzugsfähige Rechnung. Bei Mehrfachbestellung werden die Versandkosten anteilig erstattet. - Is your computer safe Could an intruder sneak in and steal your information, or plant a virus Have...

---