



## 4 Steps to Control Your Diabetes. For Life.

By Centers for Disease Control and Preventi

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 24 pages. Dimensions: 8.7in. x 5.8in. x 0.2in. This booklet (the National Institutes of Health Publication 11-5492) presents four key steps to help you manage your diabetes and live a long and active life. These steps include: Step 1: Learn about diabetes; Step 2: Know your diabetes ABCs; Step 3: Manage your diabetes; and Step 4: Get routine care to avoid healthcare problems. Diabetes is a serious disease. It affects almost every part of your body. That is why a health care team can help you take care of your diabetes; this team includes: doctor, dentist, diabetes educator, dietitian, eye doctor, foot doctor, mental health counselor, nurse, nurse practitioner, pharmacist, social worker friends and family. You are the most important member of the team. This item ships from La Vergne, TN. Paperback.



**READ ONLINE**  
[ 6.23 MB ]

### Reviews

*This book is great. I have go through and so i am confident that i will going to read through once again again in the future. I am just easily can get a satisfaction of looking at a written book.*

-- Miss Vernie Schimmel

*The book is easy in study easier to comprehend. I have study and that i am certain that i will gonna read once again once again in the foreseeable future. Your lifestyle span will likely be transform the instant you comprehensive reading this pdf.*

-- Dr. Jaydon Mosciski

---

## Related eBooks



### [DK Readers Robin Hood Level 4 Proficient Readers](#)

DK CHILDREN. Paperback. Book Condition: New. Nick Harris (illustrator). Paperback. 48 pages. Dimensions: 8.4in. x 5.7in. x 0.2in. Discover the rollicking exploits of Robin and his merry men as they take from the rich and give to the poor. Join Robin Hood and...



### [The Whale Tells His Side of the Story Hey God, Ive Got Some Guy Named Jonah in My Stomach and I Think Im Gonna Throw Up](#)

B&H Kids. Hardcover. Book Condition: New. Cory Jones (illustrator). Hardcover. 32 pages. Dimensions: 9.1in. x 7.2in. x 0.3in. Oh sure, well all heard the story of Jonah and the Whale a hundred times. But have we heard it from the perspective of the...



### [God Loves You. Chester Blue](#)

Henry and George Press. Paperback. Book Condition: New. Ursula Andrejczuk (illustrator). Paperback. 140 pages. Dimensions: 8.0in. x 5.2in. x 0.3in. BEAUTIFUL NEW ILLUSTRATIONS BRING THE STORY TO LIFE! A charming book about a mysterious bear that shows up in the right place at just...



### [Eagle Song Puffin Chapters](#)

Puffin. Paperback. Book Condition: New. Dan Andreasen (illustrator). Paperback. 80 pages. Dimensions: 7.6in. x 4.9in. x 0.3in. A contemporary middle grade story about confronting bullying and prejudice Danny Bigtrees family has moved to Brooklyn, New York, and he just cant seem to fit...



### [Absolutely Lucy #4 Lucy on the Ball A Stepping Stone Book™](#)

Random House Books for Young Readers. Paperback. Book Condition: New. David Merrell (illustrator). Paperback. 112 pages. Dimensions: 7.4in. x 5.1in. x 0.4in. Ilene Coopers fourth story of a boy and his beagle takes Bobby and Lucy into the wild playing fields of grade-school...



### [Viking Ships At Sunrise Magic Tree House, No. 15](#)

Random House Books for Young Readers. Paperback. Book Condition: New. Sal Murdocca (illustrator). Paperback. 96 pages. Dimensions: 7.4in. x 4.9in. x 0.2in. Jack and Annie are ready for their next fantasy adventure in the bestselling middle-grade series the Magic Tree House! Beware of Vikings! warns...