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Home-Style Gluten Free and Dairy Free Cookbook

By Janet Wheelock Balsbaugh

AuthorHouse. Hardcover. Book Condition: New. Hardcover. 212 pages. Dimensions: 9.1in. x 5.7in. x 0.5in. Bringing back the great taste of comfort food is what the author has done in this gluten free dairy free cookbook. You will step back in time remembering all of those comfort foods you crave and deserve to have once again. Janet Wheelock Balsbaugh has done this for you and made it easier than you think. Discover how eating gluten free and dairy free does not mean you have to give up good taste. This is a friendly cookbook that shows you step by step how to make delicious food, along with tips or serving suggestions on the pages, along with helpful suggestions in the back of the book. These recipes are quick and easy to prepare and you can have a meal on the table in no time. This is a collection of family recipes Janet has learned to convert into her every day life of eating gluten free and dairy free all the way from appetizers to desserts. Tasty recipes that you crave, she focuses a lot on foods the whole family can enjoy whether they are affected or not with eating gluten free and...



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